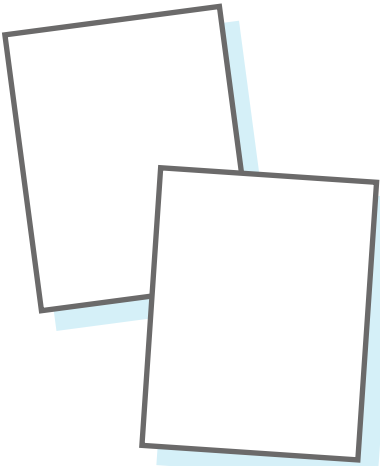


Dish with one spoon



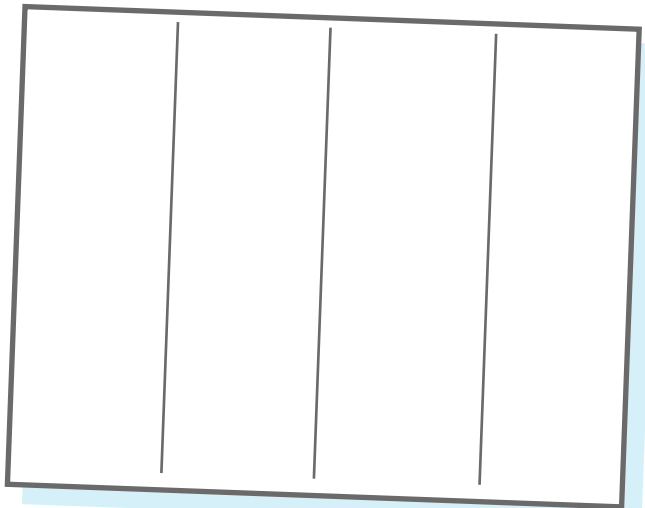
Step 1

Take two blank sheets of paper.



Step 2

Divide one page into four long columns.



Step 3

Label the headings of each column:

Shared Things	Take Only What You Need	Keep It Clean	Leave Some for the Future
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Dish with one spoon

Step 4

Fill column 1 with **Shared Things**: words and/or symbols representing things in life that sustain us, including common spaces and resources.

Here are some examples of **Shared Things**:

- rare books,
- bike shares,
- wild berries,
- public parks,
- rare metals,
- seafood,
- office kitchens,
- an Elder's time,
- a campground,
- waterfront access,
- the joy of sharing life with many generations within a community,
- food banks



Step 5

Think up ways to apply each of the three teachings (the headings for columns 2, 3 and 4) to each item in the Shared Things column. Explore these concepts as though you were making policies to regulate physical and conceptual commodities. Make notes in text or symbols for each subject. Repeat for the rest of the Shared Things you have listed.

<p>Food Banks</p> 	<p>Take Only What You Need</p> <p>limit 1 per person</p>	<p>Keep It Clean</p> <p>Free Hand Sanitizer</p> 	<p>Leave Some for the Future</p> 
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Dish with one spoon

Step 6

Actions

Configure the second page into three sections. When you have a good idea add these as actions. Each of these sections corresponds to one of the three teachings:

Take Only what You Need	Keep It Clean	Leave Some for the Future
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Step 7

Choose one item from the Shared Things column to focus on.

New shared thing



Step 8

- Rarticulate the item's management plan through symbols and illustrations, creating a step-by-step how-to visual guide for the sharing.
- Title it.
- Put it somewhere you will notice it.

campfire

Take Only what You Need 	Keep It Clean 	Leave Some for the Future 
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Dish with one spoon

Step 9

Create a step-by-step visual guide for all the things you see sharing. Look at all the management plans the class has created.

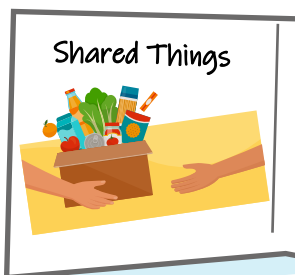
Step 6

Configure the second page into three sections in any way you wish. Each of these sections corresponds to one of the three teachings:



Step 7

Choose one item from the Shared Things column to focus on.



Step 8

- Rarticulate the item's management plan through symbols and illustrations, creating a step-by-step how-to visual guide for the sharing.
- Title it.
- Put it somewhere you will notice it.



Step 10

Look at other visual guides for the sharing of the same item . Pick the visual guide that is most acceptable to all. By doing this how have you shown self-determination?